

Message from the Editor



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Dear Health Psychology and Behavioural Medicine Section Members,

I hope this message finds you well as we welcome the summer season.

Recent events, whether political, human rights-related, economic, or environmental, have touched many of us deeply. These issues, combined with global challenges, can understandably evoke feelings of discomfort, powerlessness, or anxiety. Even as I write this, I feel the weight of it all. I invite you to take a brief pause as you read these lines—to notice what's around you and ground yourself in the present.

On a lighter note, I'm looking forward to seeing many of you in St. John's for the CPA's 86th Annual National Convention! In this newsletter, you'll find highlights from the Health Psychology and Behavioural Medicine Section. There are many presentations and posters worth attending!

This edition also includes a thoughtful interview with our invited speaker, Dr. Michael Vallis, who will be presenting on Friday, June 13, on the topic "Weight is Not a Behaviour." You'll also find engaging knowledge translation features on pain in children and fear among cancer survivors, as well as scholarship and conference opportunities for the coming year.

Finally, I warmly invite you to join us for the Section's Annual General Meeting and reception on Friday, June 13, at 4 p.m., we'd love to see you there.

Enjoy the newsletter and see you soon!

Vincent Gosselin Boucher